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SUMMARY TABLES								
CONDITION	COC	CIC	P/R	POP	DMPA NET-EN	LNG/ ETG Implants	Cu-IUD	LNG-IUD
I = Initiation, C = Continuation								
PERSONAL CHARACTERISTICS AND REPRODUCTIVE HISTORY								
PREGNANCY	NA*	NA*	NA*	NA*	NA*	NA*	4*	4*
<b>AGE</b>	Menarche to <40=1  ≥40=2	Menarche to <40=1  ≥40=2	Menarche to <18=1  18-45=1  >45=1	Menarche to <18=2  18-45=1  >45=2	Menarche to <18=1  18-45=1  >45=1	Menarche to <20=2  ≥20=1	Menarche to <20=2  ≥20=1	Menarche to <20=2  ≥20=1
<b>PARITY</b>								
a) Nulliparous	1	1	1	1	1	1	2	2
b) Parous	1	1	1	1	1	1	1	1
<b>BREASTFEEDING</b>								
a) < 6 weeks postpartum	4	4	4	3*	3*	3*		
b) 6 weeks to < 6 months (primarily breastfeeding)	3	3	3	1	1	1		
c) ≥ 6 months postpartum	2	2	2	1	1	1		
<b>POSTPARTUM</b> (non-breastfeeding women)								
a) < 21 days	3	3	3	1	1	1		
b) ≥ 21 days	1	1	1	1	1	1		
<b>POSTPARTUM</b> (breastfeeding or non-breastfeeding women, including post-caesarean section)								
a) < 48 hours							2	3
b) ≥ 48 hours to <4 weeks							3	3
c) ≥ 4 weeks							1	1
d) Puerperal sepsis							4	4
<b>POST-ABORTION</b>								
a) First trimester	1*	1*	1*	1*	1*	1*	1*	1*
b) Second trimester	1	1	1	1	1	1	2	2
c) Immediate post-septic abortion	1	1	1	1	1	1	4	4
<b>PAST ECTOPIC PREGNANCY</b>	1	1	1	2	1	1	1	1

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<b>HISTORY OF PELVIC SURGERY</b> (including caesarean section) (see also postpartum section)	1	1	1	1	1	1	1	1
<b>SMOKING</b>								
a) Age < 35	2*	2	2	1	1	1	1	1
b) Age ≥ 35								
(i) <15 cigarettes/day	3*	2	3	1	1	1	1	1
(ii) ≥15 cigarettes/day	4*	3	4	1	1	1	1	1
<b>OBESITY</b> ≥30 kg/m <sup>2</sup> body mass index (BMI)	2	2	2	1	1	1	1	1
<b>BLOOD PRESSURE MEASUREMENT UNAVAILABLE</b>	NA*	NA*	NA*	NA*	NA*	NA*	NA*	NA*
<b>CARDIOVASCULAR DISEASE</b>								
<b>MULTIPLE RISK FACTORS FOR ARTERIAL CARDIOVASCULAR DISEASE</b> (such as older age, smoking, diabetes and hypertension)	3/4*	3/4*	3/4*	2*	3*	2*	1	2
<b>HYPERTENSION</b>								
a) History of hypertension where blood pressure CANNOT be evaluated (including hypertension during pregnancy)	3*	3*	3*	2*	2*	2*	1	2
b) Adequately controlled hypertension, where blood pressure CAN be evaluated	3*	3*	3*	1*	2*	1*	1	1
c) Elevated blood pressure levels (properly taken measurements)								
(i) systolic 140-159 or diastolic 90-99	3	3	3	1	2	1	1	1
(ii) systolic >160 or diastolic >100	4	4	4	2	3	2	1	2
d) Vascular disease	4	4	4	2	3	2	1	2

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<b>HISTORY OF HIGH BLOOD PRESSURE DURING PREGNANCY</b> (where current blood pressure is measurable and normal)	2	2	2	1	1	1	1	1
<b>DEEP VENOUS THROMBOSIS (DVT)/ PULMONARY EMBOLISM (PE)</b>								
a) History of DVT/PE	4	4	4	2	2	2	1	2
b) Current DVT/PE	4	4	4	3	3	3	1	3
c) Family history (first-degree relatives)	2	2	2	1	1	1	1	1
d) Major surgery								
(i) with prolonged immobilization	4	4	4	2	2	2	1	2
(ii) without prolonged immobilization	2	2	2	1	1	1	1	1
e) Minor surgery without immobilization	1	1	1	1	1	1	1	1
<b>KNOWN THROMBOGENIC MUTATIONS</b> (e.g. Factor V Leiden; Prothrombin mutation; Protein S, Protein C and Antithrombin deficiencies)	4*	4*	4*	2*	2*	2*	1*	2*
<b>SUPERFICIAL VENOUS THROMBOSIS</b>								
a) Varicose veins	1	1	1	1	1	1	1	1
b) Superficial thrombophlebitis	2	2	2	1	1	1	1	1
<b>CURRENT AND HISTORY OF ISCHAEMIC HEART DISEASE</b>				I   C		I   C		I   C
	4	4	4	2   3	3	2   3	1	2   3
<b>STROKE</b> (history of cerebrovascular accident)				I   C		I   C		
	4	4	4	2   3	3	2   3	1	2
<b>KNOWN HYPERLIPIDAEMIAS</b> (screening is NOT necessary for safe use of contraceptive methods)	2/3*	2/3*	2/3*	2*	2*	2*	1*	2*

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<b>VALVULAR HEART DISEASE</b>										
a) Uncomplicated	2	2	2	1	1	1	1	1		
b) Complicated (pulmonary hypertension, atrial fibrillation, history of subacute bacterial endocarditis)	4	4	4	1	1	1	2*	2*		
<b>NEUROLOGIC CONDITIONS</b>										
<b>HEADACHES</b>	I	C	I	C	I	C	I	C	I	C
a) Non-migrainous (mild or severe)	1*	2*	1*	2*	1*	2*	1*	1*	1*	1*
b) Migraine										
(i) without aura										
Age <35	2*	3*	2*	3*	2*	3*	1*	2*	2*	2*
Age ≥35	3*	4*	3*	4*	3*	4*	1*	2*	2*	2*
(ii) with aura (at any age)	4*	4*	4*	4*	4*	4*	2*	3*	2*	3*
<b>EPILEPSY</b>	1*	1*	1*	1*	1*	1*	1*	1	1	
<b>DEPRESSIVE DISORDERS</b>										
<b>DEPRESSIVE DISORDERS</b>	1*	1*	1*	1*	1*	1*	1*	1*	1*	
<b>REPRODUCTIVE TRACT INFECTIONS AND DISORDERS</b>										
<b>VAGINAL BLEEDING PATTERNS</b>									I	C
a) Irregular pattern <i>without</i> heavy bleeding	1	1	1	2	2	2	1		1	1
b) Heavy or prolonged bleeding (includes regular and irregular patterns)	1*	1*	1*	2*	2*	2*	2*		1*	2*
<b>UNEXPLAINED VAGINAL BLEEDING</b> (suspicious for serious condition)									I	C
Before evaluation	2*	2*	2*	2*	3*	3*			4*	2*
<b>ENDOMETRIOSIS</b>	1	1	1	1	1	1	2		1	
<b>BENIGN OVARIAN TUMOURS</b> (including cysts)	1	1	1	1	1	1	1		1	

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<b>SEVERE DYSMENORRHOEA</b>	1	1	1	1	1	1	2	1		
<b>TROPHOBLAST DISEASE</b>										
a) Benign gestational trophoblastic disease	1	1	1	1	1	1	3	3		
b) Malignant gestational trophoblastic disease	1	1	1	1	1	1	4	4		
<b>CERVICAL ECTROPION</b>	1	1	1	1	1	1	1	1		
<b>CERVICAL INTRAEPITHELIAL NEOPLASIA (CIN)</b>	2	2	2	1	2	2	1	2		
<b>CERVICAL CANCER</b> (awaiting treatment)	2	2	2	1	2	2	I	C	I	C
							4	2	4	2
<b>BREAST DISEASE</b>										
a) Undiagnosed mass	2*	2*	2*	2*	2*	2*	1	2		
b) Benign breast disease	1	1	1	1	1	1	1	1		
c) Family history of cancer	1	1	1	1	1	1	1	1		
d) Cancer										
(i) current	4	4	4	4	4	4	1	4		
(ii) past and no evidence of current disease for 5 years	3	3	3	3	3	3	1	3		
<b>ENDOMETRIAL CANCER</b>	1	1	1	1	1	1	I	C	I	C
							4	2	4	2
<b>OVARIAN CANCER</b>	1	1	1	1	1	1	I	C	I	C
							3	2	3	2
<b>UTERINE FIBROIDS</b>										
a) Without distortion of the uterine cavity	1	1	1	1	1	1	1	1		
b) With distortion of the uterine cavity	1	1	1	1	1	1	4	4		
<b>ANATOMICAL ABNORMALITIES</b>										
a) That distort the uterine cavity							4	4		
b) That do not distort the uterine cavity							2	2		

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I = Initiation, C = Continuation											
<b>PELVIC INFLAMMATORY DISEASE (PID)</b>											
a) Past PID (assuming no current risk factors of STIs)							I	C	I	C	
(i) with subsequent pregnancy	1	1	1	1	1	1	1	1	1	1	
ii) without subsequent pregnancy	1	1	1	1	1	1	2	2	2	2	
b) PID - current	1	1	1	1	1	1	4	2*	4	2*	
<b>STIs</b>							I	C	I	C	
a) Current purulent cervicitis or chlamydial infection or gonorrhoea	1	1	1	1	1	1	4	2*	4	2*	
b) Other STIs (excluding HIV and hepatitis)	1	1	1	1	1	1	2	2	2	2	
c) Vaginitis (including trichomonas vaginalis and bacterial vaginosis)	1	1	1	1	1	1	2	2	2	2	
d) Increased risk of STIs	1	1	1	1	1	1	2/3*	2	2/3*	2	
<b>HIV/AIDS</b>											
<b>HIGH RISK OF HIV</b>							I	C	I	C	
	1	1	1	1	1	1	2	2	2	2	
<b>HIV-INFECTED</b>	1	1	1	1	1	1	2	2	2	2	
<b>AIDS</b>	1*	1*	1*	1*	1*	1*	3	2*	3	2*	
Clinically well on ARV therapy	See ANTIRETROVIRAL THERAPY below							2	2	2	2
<b>OTHER INFECTIONS</b>											
<b>SCHISTOSOMIASIS</b>											
a) Uncomplicated	1	1	1	1	1	1	1		1		
b) Fibrosis of the liver	1	1	1	1	1	1	1		1		
<b>TUBERCULOSIS</b>							I	C	I	C	
a) Non-pelvic	1*	1*	1*	1*	1*	1*	1	1	1	1	
b) Known pelvic	1*	1*	1*	1	1	1	4	3	4	3	
<b>MALARIA</b>	1	1	1	1	1	1	1		1		

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<b>ENDOCRINE CONDITIONS</b>								
<b>DIABETES</b>								
a) History of gestational disease	1	1	1	1	1	1	1	1
b) Non-vascular disease								
(i) non-insulin dependent	2	2	2	2	2	2	1	2
(ii) insulin dependent	2	2	2	2	2	2	1	2
c) Nephropathy/ retinopathy/ neuropathy	3/4*	3/4*	3/4*	2	3	2	1	2
d) Other vascular disease or diabetes of >20 years' duration	3/4*	3/4*	3/4*	2	3	2	1	2
<b>THYROID DISORDERS</b>								
a) Simple goitre	1	1	1	1	1	1	1	1
b) Hyperthyroid	1	1	1	1	1	1	1	1
c) Hypothyroid	1	1	1	1	1	1	1	1
<b>GASTROINTESTINAL CONDITIONS</b>								
<b>GALL-BLADDER DISEASE</b>								
a) Symptomatic								
(i) treated by cholecystectomy	2	2	2	2	2	2	1	2
(ii) medically treated	3	2	3	2	2	2	1	2
(iii) current	3	2	3	2	2	2	1	2
b) Asymptomatic	2	2	2	2	2	2	1	2
<b>HISTORY OF CHOLESTASIS</b>								
a) Pregnancy-related	2	2	2	1	1	1	1	1
b) Past COC-related	3	2	3	2	2	2	1	2
<b>VIRAL HEPATITIS</b>								
a) Active	4	3/4*	4*	3	3	3	1	3
c) Carrier	1	1	1	1	1	1	1	1
<b>CIRRHOSIS</b>								
a) Mild (compensated)	3	2	3	2	2	2	1	2
b) Severe (decompensated)	4	3	4	3	3	3	1	3

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<b>LIVER TUMOURS</b>								
a) Benign (adenoma)	4	3	4	3	3	3	1	3
b) Malignant (hepatoma)	4	3/4	4	3	3	3	1	3
<b>ANAEMIAS</b>								
<b>THALASSAEMIA</b>	1	1	1	1	1	1	2	1
<b>SICKLE CELL DISEASE</b>	2	2	2	1	1	1	2	1
<b>IRON-DEFICIENCY ANAEMIA</b>	1	1	1	1	1	1	2	1
<b>DRUG INTERACTIONS</b>								
<b>DRUGS WHICH AFFECT LIVER ENZYMES</b>								
a) Rifampicin	3*	2*	3*	3*	2*	3*	1	1
b) Certain anticonvulsants (phenytoin, carbamazepine, barbiturates, primidone, topiramate, oxcarbazepine)	3*	2*	3*	3*	2	3	1	1
<b>ANTIBIOTICS (excluding rifampicin)</b>								
a) Griseofulvin	2	1	2	2	1	2	1	1
b) Other antibiotics	1	1	1	1	1	1	1	1
<b>ANTIRETROVIRAL THERAPY</b>								
							I	C
	2*	2*	2*	2*	2*	2*	2/3*	2
							I	C
							2/3*	2

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